



Registration Open

April 3-26, 2019

Join us as we explore:

- Strategies for bringing mindfulness into our everyday lives.
- Helping children develop resiliency: Supporting skills that build emotional health.
- Risk factors that can contribute to adolescent suicide thoughts and attempts.
- Policy actions on behalf of children
- Developing literate children
- Why our children need nature and how we can share it with them.



Advocating for the wellbeing of children and families in the Upper Peninsula

U.P. Children's Coalition Conference

TAKE ACTION!

Learn what you can do to take the next step from awareness to action

PRESENTERS:

- **Grace Helms Kotre**, MSW, Mindfulness Instructor, Founder, Power to Be, LLC
- **Chad Hale**, LMSW, CAADC, Pathways
- **Kristin White**, Associate Professor, NMU
- **Kat Arkansas**, Graduate Assistant, NMU
- **Deanna Hemmila**, Executive Director, Board and Gov't. Relations, Northern Michigan University
- **John Lehman**, Vice President for University Relations & Enrollment, Michigan Tech University
- **Natalie Morgan**, LMSW-Clinical, Dial Help
- **Angela Johnson**, Director, Alger-Marquette Great Start Collaborative

When: Friday, May 3, 2019

Where: Jacobetti Complex, NMU
2296 Sugar Loaf Ave, Marquette

Fees: \$30.00 General Public
\$25.00 UPCC Member